

RANDOM ACT OF KINDNESS: the gift of a meal.

What inspired the scheme?

Inspiration came from several sources. Partner organisations told of:

- the loneliness of older people who eat alone and need the social dimension of eating with others
- the lack of cooking ability and experience of young people from chaotic homes now living in sheltered accommodation
- stories from rough sleepers, though given many cups of coffee each day, they would appreciate having a hot daytime meal with others

Who are the cards intended for?

A wide range of people, young and old: anyone who would benefit from having a hot meal in company with others. This may include isolated older people, young mums, rough sleepers, vulnerable young people, single parents...

How do the cards work?

People buy cards for £3 each. They can take them and give them to people they see or know who would benefit from a hot meal OR they return them to us and we distribute them to organisations working with people in need.

How are the cards redeemed?

- Recipients go to a participating café and hand over a card (or two) to cover the cost of a meal.
- If they want a greater value meal, they can pay the extra. No change is given.
- At regular intervals our volunteers visit the establishments and 'buy back' the cards at £3 each, thus reimbursing the cafe.

Where can I buy cards?

Cards can be bought at **Baileys Café** and **Christchurch Information Centre**, by emailing us at ccp.mealcards@gmail.com or online using the “mydonate” button on our home page at www.christchurchcommunitypartnership.org.uk.

If using the “mydonate” button, please mention “meal cards” in the box; headed personalised message (example below).



Personalise your donation (optional)

Personalised message
(Max 250 characters)

Donation for 'RANDOM ACT OF KINDNESS:
the gift of a meal' meal card scheme.

Cards bought online will be distributed to those in need through appropriate organisations and charities. Some churches are selling them. Members of the team can come to fairs, offices and events etc.

Cards are distributed through the following organisations and charities:

• Access Dorset	• Age Concern	• Ansbury	• CAB
• Christchurch Baptist Church	• Family Partnership Zone	• Christchurch Children's Centres	• Christchurch Food Bank
• EDP	• POPP	• Sovereign Housing	• Saint Joseph's Church
• Your Journey	• Christchurch Angels	• COAST (BCHA)	• Triple F

Any other ways I can help?

Perhaps you could invite one of our team of volunteers to come to your business, church or event to sell them.

Why not adopt this as your workplace charity or ask people to buy these as your birthday gift? With Christmas only weeks away, why not make this your Christmas charity?

Our wonderful partners – please support them!

Cards can be exchanged for

- a hot meal at **Bailey's Café**, Barrack Road near One Stop, Monday to Friday 9am to 2pm
- lunch at **Cuckoo's Coffee Bar**, Pound Lane, Monday-Friday from 2-3pm, will accept 1 or 2 cards towards a meal

Other cafes interested in participating should contact Charlene at ccp.mealcards@gmail.com